**Leadership and Career Goals (Intrinsic and Extrinsic)**

**Leadership Style**

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| **Strengths** | **Areas for Development** |

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| **Attribute** | **Proficiency**  **1 (low)- 5 (high)** | **Evidence** |
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| **Attribute/Behavior** | **Level of Proficiency**  **(1-5)** | **Ideal Behaviors** | **Action Steps to Improve** | **Resources** | **Time Frame** | **Notes** |
| Example- Active Listening | 3 | Keep good eye contact  Put down other work when people come in my office  Reflect back what I believe I am hearing  Ask clarifying questions | 1. Review the steps for active listening- watch video 2. Reflect on each conversation to see if I used active listening 3. Ask colleagues to give me feedback on a weekly basis | Web Search  Colleagues | Immediate  Ongoing | Review completed 8/15 |
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